



The Firs
Lower School



Dear Parent/Carer,

You may have heard about the Government's School Fruit and Vegetable Scheme. Under the scheme, each child aged 4-6 (Years R, 1 and 2) will be entitled to receive a free piece of fruit or vegetable each school day.

Our school has been taking part in this scheme since November 2004, which reinforces our commitment to healthy eating.

The fruit and vegetables are fresh and of good quality. The aim is for the children to have a positive and enjoyable experience of fruit and vegetables.

The scheme is voluntary, and although there is no obligation for your child to take part, we feel it is a great way to help teach our children the benefits of healthy eating.

Please complete the tear-off permission slip at the bottom of this letter and return it school as soon as possible – thank you.

Yours sincerely,

Mr Adam J G Campbell
Headteacher

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Fruit and Vegetable Scheme

I give permission for my child.....Class.....

to take part in the free fruit and vegetable scheme.

Signature or parent/carer.....

Additional information on food allergy.....

Adam J.G Campbell (Headteacher)

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