



The Firs

Lower School

Dear Parent/Carer,

13<sup>th</sup> June, 2018

### Learn to ride your bike on 2 Wheels!

As part of the school's involvement in Central Bedfordshire Council's Travel Choices, active travel for schools project, have arranged an opportunity for **Year One Pupils and Parents** at The Firs Lower School to take part in a **FREE** session. The children will be supervised by Alister Barclay, the local Sustrans Schools Officer and the programme is designed to encourage school children, to discover active ways to travel to school and for their journeys outside of school. The scheme promotes walking, cycling and scooting. Places are limited to 15 and so, children will be given a place on a first come, first served basis.

### Help Your Child Ditch Those Stabilisers!

For those not quite riding yet, we have arranged for a playground-based '**off the stabilisers**' learn to ride session. This will give your child an opportunity to develop their balance on two wheels and you the skills to support them. Please complete the slip below if you want to take part and return by 22<sup>nd</sup> June 2018 to the school office.

**Time & Date: Wednesday 4th July at 3:45 pm in the KS1 Playground**

- Pupils will need to be accompanied by a parent/carer
- You will need a bike that is sized so your child's feet easily touch the ground.
- The bike must be in good condition. There may be limited time available to make simple adjustments.
- Tools will be available to remove stabilisers.
- It's advisable to bring a cycle helmet, practical, comfortable, close fitting clothes to school on 4<sup>th</sup> July to get changed into at the end of the school day.

Yours sincerely,

Adam J.G Campbell (Headteacher)

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Please return this slip to the school office if you want to take part in the 'off the stabilisers' session.

**Myself and my child** would like to take part in the 'off stabilisers' session on Wednesday 4th July

**Name of child:** \_\_\_\_\_ **Class:** \_\_\_\_\_

**Signed:** \_\_\_\_\_ **Please state your relationship to the child:** \_\_\_\_\_

Each session will have a maximum of 15 pupil participants  
(other dates can be arranged if demand exceeds this).