



The Firs

Lower School

Date 5/7/21

For parents/carers of close contacts of unconfirmed covid 19 case at The Firs.

Dear Parents/carers,

We have been advised that there has been an unconfirmed case of COVID-19 within the school/setting, **which the parent has been unable to confirm with PCR test.**

We have received local public health advice as this was an unusual situation.

The guidance from the local public health team is that as there is no test result, there **cannot** be a decision to ask the close contacts (the Holly class bubble) to self isolate.

The public health team asked us to pass on the message to parents/carers that they should be vigilant however for any signs of the recognised symptoms of Covid 19.

As normal, I would like to reassure you that our stringent cleaning arrangements remain in place including the regular cleaning of frequently touched surfaces.

If there is any further information, we will of course, keep parents / carers informed.

Yours sincerely,

Adam J.G. Campbell
Headteacher

Adam J.G Campbell (Headteacher)

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Further Information:

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Please see the link to the PHE Staying at Home Guidance

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 .

All other household members who remain well must stay at home and not leave the house for 10 days.

The 10-day period starts from the day when the first person in the house became ill.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able to do so, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards