

## Meeting 3- 8/2/24

### Minutes

#### 1) Minutes of previous meeting

The minutes have been shared with all the teachers

#### 2) Football Code

We read the code and we will give it to every teacher and ask them to put it up in their classroom and talk to their children about it. Mr Campbell will talk about it in assembly too.

#### 3) Healthy Eating

- Why is it important? We talked about how important it is to eat the right foods, like protein to help children to grow and fruit and vegetables to help us to get the right nutrients to make sure our bodies can work properly. We talked about the fact that treat foods like crisps, cakes and biscuits etc. are ok when we don't eat too much of them as part of a balanced diet.
- We talked about how there are more and more children who are over weight and not eating a healthy diet in the country and the Government are wanting us to get all the messages about eating healthily as children, so we get into good habits at an early age.
- Snacks at playtime - we talked about the fact that people are eating too many treat food based snacks and we want to encourage children to eat healthier snacks. We came up with ideas to do this
  - Giving people the message so they're aware of what they need to do
  - Talking to people on the playground who have treat food snacks about what healthier choices they could make,
  - Making healthy snack posters,
  - Putting up pictures showing healthy snack food we could bring in to remind people
- Birthdays - we talked about the problem of giving sweets for birthdays because if you are in a class of 26 children, you will be having sweets 26 times in a year if everyone brings in sweets! We want to stop doing this and we came up with ideas about how (some classes are already doing some if this)

## The Firs Lower School

### School Council 2023-2024

- Sing happy birthday
- Give them the chance to talk about anything they are doing to celebrate their birthday
- Put a picture of them on the wall,
- Give out a birthday sticker
- Give them a special privilege for the day.
- Mr Campbell said he would share these minutes with all the teachers and see if we can use any of our ideas

#### 4) Class Council Meetings

Oak -field more improving the field we want the salad bar back

- Willow new footballs please and more wobble boards and hoops at playtime
- Hazel - can we have 3 hours of sports and better wifi in year 3 .  
Mr Campbell said the extra hour could perhaps come from clubs we do before or after school. He will talk to Y3 teachers about the wifi!
- Elm - no report
- Cedar -can we have lines on the pitch and extra playtime for good behaviour. Also could we have two basketball hoops on the KS1 playground and can we have the balls from the roof down. We also discussed having a school pet.
- Beech - could we have a box with poppits to play with outside?  
Mr Campbell talked about the fact that one problem with this is that they might be lost.
- Maple -could we have some monkey bars on the playground?  
Mr Campbell explained how expensive this would be.
- Holly - no report