



Autumn Term SEND Coffee and Catch up



Monday 17th
November
9:00am
The Firs Lower



Focus for the
session
Helping your
child with
Anxiety

This coffee morning is open to all parents of children at The Firs Lower School and Saplings. The coffee morning will provide education, strategies and signposting support.

We look forward to seeing you there and sharing ideas and resources that could support you and your child with anxiety.

We will be joined by the local NHS Mental Health Support Team who will be able to offer support and guidance.

