



Fixed Mindset	Growth Mindset
 <p>Intelligence is static. I must look clever!</p>	 <p>Intelligence is expandable. I want to learn more!</p>
Avoids challenges	Embraces challenges
Gives up easily	Persists in the face of setbacks
Sees effort as pointless	Sees effort as the way
Ignores useful feedback ↓	Learns from feedback ↓
<i>Likely to plateau early and achieve less than full potential</i>	<i>Reaches ever higher levels of achievement</i>

Carol Dweck

Praise achievement not ability

Our language tells children what we believe and what we value

- ◆ Well done - you're learning to...
- ◆ Good - it's making you think - that's how your brain is growing!
- ◆ Every time you practise, you're making connections in your brain stronger.
- ◆ You're good at things you like because you work at them.

Praise achievement not ability

Our language tells children what we believe and what we value

- ◆ Let's look at what you've achieved.
- ◆ If you could already do it, you wouldn't be learning anything.
- ◆ Your skills have really improved.
- ◆ You can use this mistake. Think about why it didn't work and learn from it.

Habits of Mind **(dispositions which lead to learning)**

- ◆ Resistance
 - ◆ Taking your time
 - ◆ Listening sensitively
 - ◆ Thinking flexibly
 - ◆ Thinking about thinking
 - ◆ Trying to get it right
 - ◆ Being curious
 - ◆ Transferring skills & knowledge
 - ◆ Being clear
 - ◆ Using all your senses
 - ◆ Being creative
 - ◆ Being amazed
 - ◆ Having a go
 - ◆ Seeing the funny side
 - ◆ Learning with others
 - ◆ Always learning
- Costa and Kallick

The Four Rs of Learning Power

Resilience

Absorption
Managing distractions
Noticing
Perseverance

Resourcefulness

Questioning
Making links
Imagining
Reasoning
Capitalising

Reflectiveness

Planning
Revising
Distilling
Meta-learning

Reciprocity

Interdependence
Collaboration
Empathy and listening
Imitation